



### ***VOC Athletes Excel At Track Meets***

The last three track meets of this season shows that we will bring at VOC the same quality of athletes that club has had in 80s, when they competed with dignity at Provincial, National and International events.

None of us were surprised when the VOC won this year for the first time the First Place as a club at BC Elementary Championships. Our athletes show they potentials in all group events as sprint, hurdles, jumps and distances.

At Jessie Bent Memorial, along many medals, two of our athletes, Sophie Dodd and Jasper Schiedler won the trophy of top jumps and sprints athletes of the meet. The trophy were presented to us at the BC Jamboree Championship last weekend from meet director P.Self.

And next comes Devan Wiebe's selection at BC Provincial Juniors Team and competition for the first time at Canadian National Juniors Championship in Winnipeg. Prepared seriously with their coaches for this events, Devan (only 17 years old), intelligently was able to apply in the track the technical and tactical suggestions and achieved the PB in both events 400m with 55.61 and 400mH with 61.78 (qualification round) and 60.57 (at the final), just 3/100 sec. from third place and 15/100sec.from second place. Running 400mH with 60.57 for the third time in her life, she is leading the BC ranking for both juniors and seniors.

When Devan Wiebe competed in Winnipeg with BC Provincial Team, coach Tatjana was leading the VOC team at Trevor Craven Track Meet in Swangard Stadium. Our 21 athletes achieved amassing results winning 39 medals ( 18 Gold, 13 Silver and 8 Bronze).

And the finals of the BC Provincial Jamboree Championship was last weekend in Coquitlam. Despite the lack of the weather the VOC athletes excelled again with impressive results winning 16 medals with 8 BC Provincial Champions titles.

D.Wiebe, won again two BC champion titles (two Gold medals) in 400m and 400mH. At 400mH, she dominated for juniors and seniors, achieving again great results of 60.75 sec.

Lauren Gillespie, shows that she is a very potential athletes. She won a silver medal, competed at the heptathlon with huge PB, collecting 3519 points, and running head a head with top athlete G.Ellenwood in 800m. Besides her other national standards achieved in 300mH and 800m, Lauren is selected to compete for the first time this year at Canadian Legion National Championship in Ottawa.

Christopher Mainardi, makes a good presentation with his PB in 400m ranking at the 5th place in the finals and did a strong run in 800m with 5 sec. PB.

Sophie Dodd, collected 5 medals (3 Gold, 1 Silver and 1Bronze) with three BC Champions titles in TJ, LJ, and 200mH, and repeated again the BC Provincial Team standard for Canadian Legion National Championship in Ottawa on August 5-7.

Our midgets 14 years old girls makes the summary of this BC Championships.

Stephanie Cho, won 5 medals (1 Gold and 4 Silver) and showing her potentials in many events. Besides her BC Champion titles in 200mH, she achieved a good PB in TJ with 10.67m.

Jessica Hanson won 2 medals (1 Gold, and 1 Bronze). Along her BC Champion in HJ, Jessica achieved a PB in LJ with 4.76m and did a great run in 800m with huge PB.

Sophia Pauls won the TJ with PB of 10.72m.

Our "Fantastic Four" of midget girls achieved the BC JD Award Standards.

The screen of the BC Jamboree Championship comes down and VOC athletes won 16 medals (8 Gold, 6 Silver and 2 Bronze).

VOC athletes are continuing the preparation for BC JD Championship, Western Canada Games and Canadian Legion National Championships.

***Congratulation to all VOC members for hard working and the dedication during this year.***